

# DARYA SOTO, M.D.

MEDICAL DIRECTOR  
PULMONARY AND SLEEP ASSOCIATES OF MARIN

*Pulmonary and Sleep  
Associates of Marin* 

## SUMMARY

Dr. Soto has over 25 years of experience as a clinician and over 10 years in running a medical practice. She received her training in Pulmonary and Critical Care at the University of California, San Francisco, where she did basic science research. She founded Pulmonary and Sleep Associates of Marin in 2009.

## PULMONARY AND SLEEP ASSOCIATES OF MARIN

This multispecialty private clinic in the San Francisco Bay Area, has grown exponentially, and currently includes 4 physicians, 2 respiratory therapists and various support staff who serve the communities of Marin, Sonoma and Napa counties. The clinic has a **Pulmonary Function Lab**, a **Pulmonary Rehabilitation program**, a **CBT program for insomnia**, and is an **AASM-accredited Independent Sleep Facility**. In Jan 2023, Dr Soto will open a new local **Sleep Center** for adult and pediatric patients.

## EDUCATION

**1994**

*University of California, San Diego  
San Diego, CA*  
Medical Degree

**1997**

*Georgetown University Medical Center  
Washington D.C.*  
Internal Medicine Residency

**2000**

*University of California, San Francisco  
San Francisco, CA*  
Pulmonary and Critical Care Fellowship

## CERTIFICATION

**American Board of Internal Medicine**

**2003-Present**, Pulmonary Medicine

**2011-Present**, Sleep Medicine

## CONTACT

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LinkedIn <https://www.linkedin.com/in/darya-soto-md>  
Website <https://www.marinpulmonarysleep.com/>

## PROFESSIONAL EXPERIENCE

**2009-Present**

Medical Director and President  
*Pulmonary and Sleep Associates of Marin  
Novato, CA*

**2007- Present**

Pulmonologist at Novato Community Hospital  
Novato, CA

**2007-2008**

Pulmonary and Sleep Physician  
Redwood Medical Associates  
Novato, CA

**2000-2007**

Assistant Professor of Medicine and Researcher  
Department of Pulmonary and Critical Care Medicine  
University of California, San Francisco  
San Francisco, CA

## ADVISORY BOARDS

**2018-present**, Somnoware

**2020- present**, Meritage/First Choice Medical Network

## MEMBERSHIPS

American Academy of Sleep Medicine  
American Thoracic Society  
American College of Chest Physicians

## HOSPITAL PRIVILEGES

Novato Community Hospital, Novato CA